### Get Ready for Quick-Pickling with Carey Corn

### containers

if you have glass jars, great, otherwise heatproof containers/tupperware will work!

# vinegar

apple cider, red wine, white wine, up to you!

at least 1 cup per type of pickle you want to make

# veggies

some great pickling options: garlic, jalapeños, red onions, cauliflower, radishes, beets, etc

#### aromatics

base flavors: whole peppercorns, bay leaves optional:

garlic, za'atar, whole coriander, cumin seeds, turmeric, whole cloves, chili flakes

## sugar/salt

**kosher salt** granulated sugar